



# TAHDI Times

[www.texasmt.org](http://www.texasmt.org)

The TAHDI Spirit. . . Pass it on!

April 2008

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Healthcare Documentation  
Integrity  
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POSITION OPEN  
Newsletter Editor

TAHDI Mission Statement  
In concert with AHDI, TAHDI  
promotes, supports, and encourages the  
medical transcription profession  
industry and chapters within the state of  
Texas through advocacy, networking,  
and education.

*From our TAHDI President*

*Congratulations to all participants of the Hottie TAHDI RMT/CMT Study Groups. To date, we have over 30 that have signed up to study for either the CMT or the RMT exam. It is not too late to get on board to receive the deep-discounted exam fee. The RMT group meets every Saturday from noon to 1 PM as well as Monday and Thursday evenings from 9 to 10 PM. The CMT study group meets every Wednesday evening from 9 to 10 PM. Everyone is welcome to attend any group that their personal schedule will allow. Simply dial 1-641-715-3200 and use access code 575424 followed by the # (pound) sign. Follow the prompts. **Please send name, city/state, zip code, contact phone number, and state which test you plan to take to [MBridgesMT@aol.com](mailto:MBridgesMT@aol.com) by April 26, 2008.***

**Mark your calendar for June 28 to be in San Antonio!**

*The educational event in San Antonio is set for June 28, 2008, and is in the active planning stages at this time. If you have any special requests or suggestions to be included in this event, please notify Jan Pandzik or Margaret Bridges ASAP. The agenda and registration form will be placed on the [www.TexasMT.org](http://www.TexasMT.org) website as soon as it is available.*

## Upcoming Events

April 18-19, 2008 – Arkansas AHDI 21st Annual State Symposium, Jefferson Regional Medical Center, 1600 West 40th Ave., Pine Bluff, Arkansas  
Contact Janette Willis, CMT, [janette@qualscript.com](mailto:janette@qualscript.com) 501-505-8885

April 19 – Capital Chapter General Meeting, Seton Medical Center, Austin. 8:30-11:30 a.m.  
Contact Kathy Muelker at [k\\_muelker@msn.com](mailto:k_muelker@msn.com) or call 512-272-9142

April 26 – Greater Fort Worth Chapter 1/2 Day Spring Symposium. See <http://texasmt.org/GFWC.html> for registration form and agenda or call 817-613-7707

April 26 – Gulf Coast Chapter Educational Symposium, Houston contact Pat at 713-271-0784 [pamcmaho@texaschildrenshospital.org](mailto:pamcmaho@texaschildrenshospital.org)

April 29 – Advance Job Fair, Arlington Convention Center, Arlington, TX. For more info 800-546-4987.

April 2008 – Rio Grande Valley Chapter. Contact Elvia Reyna at [Elvia.Reyna@knappmed.org](mailto:Elvia.Reyna@knappmed.org) for meeting schedule and location of meetings.  
<http://texasmt.org/RioGrandeValley.htm>

The April edition of the [GDC Pulse](#) is now posted on their website.

[www.gdcmt.org](http://www.gdcmt.org)

OR

<http://texasmt.org/GreaterDallas.htm>

### [Are you receiving your weekly AHDI VITALS e-mail?](#)

If not, chances are you need to [update your AHDI member profile](#). Many folks change their e-mail address and forget to tell AHDI about it. Many of us in leadership get e-mail addresses from AHDI and if your information has changed, then you are "out of the loop" and missing some very good information and opportunities.

### WEB SITE INFO NEEDED

Please send all info to be posted to [MBridgesMT@aol.com](mailto:MBridgesMT@aol.com)

**Alamo Chapter** <http://texasmt.org/Alamo.htm>

**Big Country Chapter** – <http://texasmt.org/BigCountry.htm>

**Capital Chapter** – <http://texasmt.org/Capital.htm>

**Golden Triangle Chapter** – <http://texasmt.org/GoldenTriangle.htm>

**Greater Dallas Chapter** – <http://texasmt.org/GreaterDallas.htm> OR [www.gdcmt.org](http://www.gdcmt.org)

**Greater Fort Worth Chapter** – <http://texasmt.org/GFWC.htm>

**Gulf Coast Chapter** – <http://texasmt.org/GulfCoast.htm>

**Rio Grande Valley Chapter** – <http://texasmt.org/RioGrandeValley.htm>

April 2008 - The Big Country Chapter meets in Abilene on the 3rd Saturday.

<http://texasmt.org/BigCountry.htm>

May 3 - TAHDH BOD meeting. All members are welcome. Dial 1 641-715-3200 and use access code 575424 # and follow the prompts.

May 15-17 - AHDI/MTIA Advocacy Summit on Capitol Hill, Washington DC. To register [www.ahdionline.org](http://www.ahdionline.org)

May 17 – Capital Chapter 1/2 Day Spring Symposium, Seton Medical Ctr, Austin. More info to be announced soon!  
<http://texasmt.org/Capital.htm>

May 18 - 24 National MT Week

July 4 – The Hottie TAHDH Study Group will be celebrating their final study group meetings and plan to complete their credentialing exams at Prometric testing centers prior to July 31, 2008. To join the TAHDH credentialing cup team contact Margaret Bridges, TAHDH President 817-613-7707

June 28, Alamo Chapter Summer Symposium in San Antonio, Texas. More details to be announced soon.

August 6-9 - AHDI Annual Convention & Expo, Hilton at Walt Disney World Resort, Orlando, Florida. To register go to [www.ahdionline.org](http://www.ahdionline.org)

### In sympathy.....

*Our sincere condolences and thoughts go to Marge Hulse and family on the recent loss of Marge's mother. Marge is the current chapter representative of the Capital Chapter. A memorial fund has been established for the Presbyterian Medical Care Mission at 302 Medical Drive, Abilene, Texas 79601.*

### Got pics?

*We could use some fresh digital pictures for our web site. Please take a couple of digital pictures at your next chapter meeting to share with us. AHDI would like some to share at ACE in Orlando as requested in the recent AHDI VITALS.*

### Did you know?

#### Paging Dr. Wal-Mart

*From the NYTimes:*

The first of the new **Clinic at Wal-Mart** walk-in centers, as they will be called is to open in Little Rock, Ark. in April and be run by nurse practitioners. Wal-Mart said it plans to brand 200 of the new clinics with RediClinics. RediClinic, which already operates 13 clinics in Wal-Mart stores, plans to open one of the new units in Atlanta in April and another in Dallas next summer.

RNCentral.com's Take:

[20 Surprising Ways Wal-Mart Clinics Will Affect U.S. Healthcare](http://www.rncentral.com/nursing-library/careplans/20-surprising-ways-wal-mart-clinics-affect-us-healthcare)

*OR copy and paste the following link into your browser*

<http://www.rncentral.com/nursing-library/careplans/20-surprising-ways-wal-mart-clinics-affect-us-healthcare>

.....

The first Hilton hotel was founded in **Cisco, Texas**, back in 1919. Currently, there are over 500 Hilton locations globally.

**March 17, 2008**--We are pleased to announce that **Operation Life Transformed**'s operations in San Antonio will now be proudly supported and funded in part by the Texas Resources for Iraq-Afghanistan Deployment (TRIAD) Fund of the San Antonio Area Foundation. The San Antonio Area Foundation aspires to significantly enhance the quality of life of our community by providing outstanding service to donors, producing significant asset growth, strengthening community collaboration and managing an exemplary grants program. A publicly supported philanthropic institution, the San Antonio Area Foundation is governed by a board of private citizens chosen for their knowledge of and involvement in the community. For over 44 years, it has successfully administered funds from individuals, agencies, corporations and others who contribute or bequeath assets for the betterment of the community. For more information, visit [www.saafdn.org](http://www.saafdn.org).

The grant totaling over \$150,000 will allow for the complete tuition costs of approximately 50 caregivers or military spouses in the San Antonio region for rapid certification programs. Operation Life Transformed is focused on offering online training to military spouses and to those who are the care givers to our nation's war wounded. This training will provide portable, flexible career opportunities in fields such as medical transcription, billing and coding and real estate.

"This is amazing! To be able to go to BAMC and say...' Come on! Let's get you started!' will be the ultimate experience for me as a representative of OLT but even more so as a caregiver myself," said Executive Director, Operation Life Transformed, Colleen Saffron upon news of the grant approval.

The TRIAD grant area includes not only Brooke Army Hospital but Ft. Sam Houston, Lackland AFB, Randolph AFB, Brook City Base and many other military communities.

"I guess our applicants from that area better start getting ready," Saffron said later, she continued by saying "We are like Publisher's Clearing House, you just never know when we will show up!"

Blessings to you,  
Colleen Saffron  
Executive Director  
Life Transformed  
[www.lifetransformed.org](http://www.lifetransformed.org)  
254-213-0179



*"Walking the Road with our heroes when they cannot walk alone."*

**GOOD LINKS TO SHARE:**

Drug Web link: <http://www.edruginfo.com/>

Job Accommodation Network - <http://www.jan.wvu.edu>

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**A Great Recipe from Jerrie Bolton of the Golden Triangle Chapter**

**ZIPLOC OMELET**

(This works great! Good for when all your family is together. The best part is that no one has to wait for their special omelet!)

Have guests write their name on a quart-size Ziploc freezer bag with permanent marker. Crack 2 eggs (large or extra-large) into the bag (not more than 2) shake to combine them. Put out a variety of ingredients such as: cheeses, ham, onion, green pepper, tomato, hash browns, salsa, etc. Each guest adds prepared ingredients of choice to their bag and shake. Make sure to get the air out of the bag and zip it up. Place the bags into rolling, boiling water for exactly 13 minutes. You can usually cook 6-8 omelets in a large pot. For more, make another pot of boiling water. Open the bags and the omelet will roll out easily. Be prepared for everyone to be amazed.

Nice to serve with fresh fruit and coffee cake; everyone gets involved in the process and a great conversation piece.

♥ Imagine having these ready the night before, and putting the bag in boiling water while you get ready. And in 13 minutes, you have a nice omelet for a quick breakfast!!!



## **MEET OUR AHDI BOARD PARTNER!**

**Harriet R. Stewart, CMT, FAAMT**  
**AHDI Director 2008-2010**

Hello TAHDI Members!

I am your 2008 Board Partner. I thought I would introduce myself and give you a little background so that you can get to know me.

I have been a medical transcriptionist since 1977, taking a formal Medical Secretary course at a local business college. My transcription portion of the course had no instructor, just materials to transcribe. I had no guidance and learned little, thinking that, of course being a secretary, I would need to do little of this kind of work. Upon graduation, I did not find a job as a Medical Secretary, but did get a job offer to be a Medical Transcriptionist. I was really scared when I went in for the testing. I really needed a job and this was my worse nightmare, applying for a job that I knew little about. Fortunately for me, the supervisor of the department saw a lot of potential in me and hired me. Needless to say, without this person in my life, I would not be where I am today!

I worked in hospitals for 16 years, a local MT service run by a group of ER doctors for 4 years, a partnership with a friend for a year, and with a few national transcription companies over the course of the last 8 to 9 years. I also obtained a teaching job at a local community college and taught evenings as an adjunct faculty member for 10 years, teaching the entire medical transcription program and then after I moved out of the area, I obtained an instructor's position with M-TEC in 2001, which I still do today. I currently also have a position with another MT company doing editing of VR files, QA for MTs, and occasional start-ups for new accounts.

I became involved in AHDI by helping to start the first recognized chapter in the state of Virginia in Tidewater area in 1982, earning my CMT in 1983. I served as Secretary for the first 2 years. Later followed by newsletter editor, program chair, and a few other committee chairs and finally President in 2000. In 1985, I also helped organize and obtain the charter for the Virginia State Association. I served as Delegate, and held the office of President for 2 terms.

I was elected to the AHDI Board of Directors in the fall of 2007. I am extremely happy to serve as your Board Partner and I hope you will feel free to write to me about concerns, questions, suggestions, opinions, and anything else you wish to discuss with me. My e-mail address is [hstewart70@verizon.net](mailto:hstewart70@verizon.net). You can also call me at 1-866-825-5838, my toll-free number.

I am looking forward to serving on the BOD during my term and hope to have the opportunity to meet many of the members of your state!



1. **Don Joy, Biomet, and Neoprene are all brands of what object?**
  - knee brace
  - endoscope
  - contrast media
  - glucometer
2. **Elevated Russell \_\_\_\_\_ time suggests possibility of antiphospholipid syndrome.**
  - venous clotting time
  - peak expiratory flow
  - viper venom
  - Thromboplastin
3. **Which of the following meds can be used to treat diabetic peripheral neuropathy, postherpetic neuralgia, and/or seizure disorders with spasticity?**
  - Cymbalta (serotonin)
  - Valium (diazepam)
  - Lyrica (pregabalin)
  - All of these
4. **Steeple sign on a CXR is suggestive of what?**
  - carcinoma
  - croup
  - pneumonia
  - atelectasis
5. **A fall on an outstretched hand can cause what?**
  - ruptured intimal flap
  - peau d'orange
  - muscarinic effect
  - scaphoid wrist fracture
6. **Where is a Syme amputation located?**
  - ankle
  - knee
  - elbow
  - wrist
7. **Vitamin E oil is rubbed into healed scars for what purpose?**
  - reconstructive
  - cosmesis
  - healing properties
  - anti-infective
8. **A rare genetic disorder in which parts of the brain are formed abnormally may be called what?**
  - Osier-Weber
  - Arnold-Chiari malformation
  - cauda equina
  - hydatidiform mole

9. **Find the location of the hallucal nerve.**  
tongue  
hand  
foot  
nose
10. **Schober test is measured as patient does what?**  
holds his breath  
bends in forward flexion  
lies supine  
by blood samples given

**The above quiz is an AHDI-approved continuing education credit.  
Look for more details in the May edition of TAHDl Times.**

The **Texas Association for Healthcare Documentation Integrity** wishes to thank our many sponsors and contributors!

## **TAHDI Annual Meeting & Leadership Conference**

**Feb 15-16, 2008 Marriott Austin North, Round Rock, Texas**

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